



Executive summary outputs of Sentinel Plus SABA Reduction Project in partnership with Armagh Dungannon Federation

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Project title	Sentinel Plus SABA Reduction Project in partnership with Armagh Dungannon Federation
Duration	June 2024- May 2025
Project partners	Federation of Family Practices Armagh and Dungannon C.I.C
What was the issue to be addressed?	<p>The aim of the project was to:</p> <ol style="list-style-type: none"> 1.Improve adult asthma outcomes by reducing short acting beta agonist (SABA) over reliance and reduce the environmental impact of adult asthma through reduction of SABA over reliance. 2.Aim to have 18 practices engaged within programme of work. 3.Implement a federation wide asthma education programme. 4.Increase number of suspected respiratory patients to confirmed asthma diagnosis.
What were the results?	<p>920 asthma patients were reviewed over the project duration.</p> <p>72% had their short acting bronchodilator (SABA) or short acting muscarinic antagonist (SAMA) stopped.</p> <p>As a result of patient reviews 80% of patients were identified to require a change in medication to a MART and initiated on treatment.</p> <p>17 practices engaged in the programme of work and 22 practices engaged in education.</p> <p>45 patients were diagnosed with asthma</p>

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